

Helping families across New Jersey

PerformCare is the single point of entry for the New Jersey Children's System of Care (CSOC). Help is available for children, adolescents and young adults (up to age 21) seeking behavioral health, intellectual/developmental disability, or certain substance use treatment services.

Available 24 hours a day, 7 days a week — 1-877-652-7624

Families should call if their child's behavior has changed or if they are overwhelmed by challenges at home or in the community. Some common reasons to call PerformCare include:

- Depression and/or anxiety.
- Bullying or being bullied.
- Physical or verbal aggression.
- Intellectual/developmental disabilities.
- Substance use.
- Inattention or hyperactivity.
- Oppositional or defiant behavior.
- Grief from major trauma.
- Concerns from teachers.

Families can also visit PerformCare's website at www.performcarenj.org.

Child-centered care in the right place

No matter what the challenge, the Children's System of Care can help put your child on the path to a better quality of life. Depending on your child's needs, CSOC services include:

- Referral to counseling services.
- Mobile response to stabilize crisis situations.
- Care management for intense and complex needs.
- Assessments to determine your child's needs.
- Behavioral supports for activities of daily living.
- Family support for education and advocacy.
- Respite services for families.
- Substance use treatment (up to age 18).

PerformCare is available 24 hours a day, 7 days a week, 365 days a year. Contact us toll-free (parents, guardians and youth):

1-877-652-7624 or TTY: 1-866-896-6975
www.performcarenj.org/families



**PerformCare associates
are available 365 days
a year to connect
eligible children to
individualized care.**

NJ Children's System of Care

Administered by PerformCare®

www.performcarenj.org

All images are used under license for illustrative purposes only. Any individual depicted is a model.

6005PC-1522-23